

VIRGINIA SOLE-SMITH

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WORK EXPERIENCE

Freelance Writer

September 2005 — present

- Focus on women's health, social and environmental issues.
- Work has appeared in more than 45 national magazines, newspapers and websites.
- iVillage Health's Body Image Expert and Never Say Diet blogger, 2011.
- Contributing blogger at AOL's Lemondrop/MyDaily and PlanetGreen.com, 2009 — 2010.
- Writer for *The Essential Green You: Easy Ways to Detox Your Diet, Your Body, & Your Life*, Book Three in Deirdre Imus' best-selling series (Simon & Schuster, January 2009).
- Freelance Health Editor, *More Magazine*, 2007.

Organic Style

Associate Health Editor, March 2005 — September 2005

Assistant Editor, January 2004 — March 2005

- Assigned and edited two front-of-book pages (*Ask the Doctor* and *Health News*).
- Generated ideas and wrote three articles per issue, covering health, food, and beauty.

Seventeen

Features Assistant, May 2003 — January 2004

- Wrote four articles per issue, including the magazine's *Election '04* column.

EDUCATION

New York University

B.A. Honors English and Creative Writing, May 2003

- GPA: 3.925; Summa Cum Laude.
- Member, Phi Beta Kappa Society.

HONORS

- National Bone Marrow Donor Program's Excellence in National Media Award for "We Are Forever Connected" (*All You*, January 2011).
- American Academy of Asthma, Allergy & Immunology's Samter Journalism Award for "The New Women's Health Threat" (*Fitness*, April 2008).

BYLINES

NEWS

- *The Nation*
- *New York Post*
- *New York Times* (“Thursday Styles” & “House & Home”)
- *Parade*
- *The Progressive*
- *Slate*
- *UTNE Reader*

ONLINE

- AOL’s Lemondrop.com & MyDaily.com
- CrazySexyLife.com
- EatTheDamnCake.com
- Etsy.com’s The Storque Handmade Blog
- Jezebel.com
- MSN.com
- NoMoreDirtyLooks.com
- PlanetGreen.com (contributing blogger)
- ReadyMade.com
- TheBeheld.com

SPECIAL INTEREST

- *The Advocate*
- *Lexus*
- *ReadyMade*
- *Runner’s World*

WOMEN’S FASHION

- *Elle*
- *Glamour* (USA & International Editions)
- *Marie Claire* (USA & International Editions)
- *Modern Bride*
- *Nylon*
- *Organic Beauty*
- *RED* (UK)

WOMEN’S HEALTH

- *Fitness*
- *Fit Pregnancy*
- *Health*
- *Prevention*
- *Shape*

- *Self*
- *Whole Living* (formerly *Body & Soul*)
- *Women's Health*

WOMEN'S LIFESTYLE

- *All You*
- *Better Homes & Gardens*
- *Family Circle*
- *Good Housekeeping* (USA & International Editions)
- *Hallmark*
- *Martha Stewart Living*
- *MORE*
- *O: The Oprah Magazine*
- *Organic Style*
- *Parents*
- *Quick & Simple*
- *Real Simple*
- *Redbook*
- *Seventeen*
- *Woman's Day*